

## Daily Health Assessment

### Resource for Home



**Do not return this assessment with your waiver. Keep this at home for your daily reference.**

<b>Daily Health Assessment- Hand in Hand</b>			
<b>1. Key Symptoms of Illness</b>		<b>Does your child have any of the following symptoms?</b>	
Fever		YES	NO
Chills		YES	NO
Cough or worsening of chronic cough		YES	NO
Shortness of breath		YES	NO
Loss of sense of smell or taste		YES	NO
Diarrhea		YES	NO
Nausea and vomiting		YES	NO
<b>2. International Travel</b>	Has your child returned from travel outside of Canada in the last 14 days?	YES	NO
<b>3. Confirmed Cases</b>	Is your child a confirmed contact of a person confirmed to have Covid-19?	YES	NO

**If you answered “YES” to one of the questions included under the ‘Key Symptoms of Illness’ (excluding fever) the child should stay home for 24 hours from when the symptom started. If the symptom improves, the student may return to Hand in Hand when they feel well enough. If the symptom persists or worsens, seek a health assessment.**

**If you answered “YES” to two or more of the questions included under ‘Key Symptoms of Illness’ or the student has a fever, seek a health assessment.**

A health assessment includes calling a primary care provider like a physician or nurse practitioner, or calling 8-1-1 if these options are unavailable. If a health assessment is required, the child should not return to Hand in Hand until Covid-19 has been excluded, and symptoms have improved.

**If you answered “YES” to questions 2 or 3, use the Covid-19 Self-Assessment tool to determine if your child should seek testing for Covid-19.**

If the health assessment does not recommend a Covid-19 test, the child can return to Hand in Hand when symptoms improve, and they feel well enough. Testing may not be recommended if the assessment determines that the symptoms are due to another cause (i.e. not Covid-19).